HERO'S WELCOME

Golden wrestler an inspiration to her hometown

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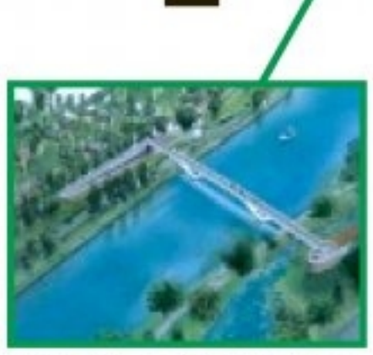
ROSEMARY WESTWOOD

Stanford aligns itself with rapists

metroVIEWS

TOTAL FEDERAL INFRASTRUCTURE MONEY (AND WHAT IT'S BUYING)

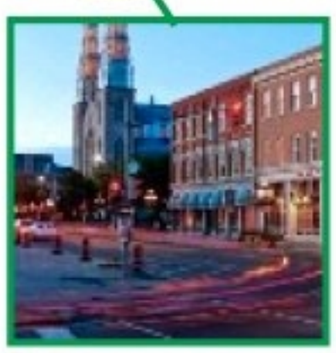
$156 MILLION



Fifth-Clegg footbridge
$10.5 MILLION

Booth Street cycle track
$1 MILLION

Bus stop and transit station upgrades
$6.75 MILLION



Sidewalks, crosswalks and multi-use pathways
$8 MILLION

MORE IN metroNEWS

Ashley Madison violated privacy law, report says

INVESTIGATION

Higher level of security needed if collecting personal info

Haley Ritchie
Metro | Ottawa

Privacy investigators in Canada and Australia have found that security guarantees on adultery dating website Ashley Madison were insufficient and the business violated privacy laws in both countries.

A joint investigation conducted by the Office of the Privacy Commissioner of Canada and the Office of the Australia Information Commissioner noted that some security measures did exist, but the company "did not have an adequate overarching information security framework."

In August last year those security issues made international headlines when the Canadian company's website was hacked into by a group called "The Impact Team."

Millions of international names, emails and personal information were released in a massive data dump.

The report found that the company had an obligation to provide a higher level of security if it was collecting personal information.

The privacy leak sparked fears in the capital, since Ashley Madison had previously claimed Ottawa had the most users across Canada. An analysis of the actual data revealed that claim was wrong.

Ottawa-specific emails did include 543 accounts registered with a "gc.ca" email. As well, 207 users signed up with University of Ottawa email addresses, while there are 106 from Carleton University and 77 from Algonquin College.

WITH FILES FROM THE CANADIAN PRESS

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Your essential daily news
U.S. proposing a ban on swimming with dolphins in Hawaii. **World**

After a golden return, it's time for rest and a wrestle

RIO HOMECOMING

Olympic champ Wiebe wants to inspire the next wave of winners

Lucy Scholey
Metro | Ottawa

As if walking in to the Olympic Games final wrestling match was not nerve-wracking enough.

Try coming home to dozens of cheering family, friends and fans at the Ottawa airport.

That's how it was for Stittsville native Erica Wiebe on Tuesday, as she returned from Rio de Janeiro with her gold medal draped over her red Canada jacket.

"I was more nervous walking out here than I was before the Olympic final," she said, with a laugh.

The 27-year-old overcame Kazakhstan's Guzel Manyurova on Thursday in the final women's freestyle wrestling bout.

Wiebe signed autographs, posed for selfies and high-fived the crowd of red-and-white wearing supporters soon after coming off the plane.

"It's so special to have this kind of recognition in my hometown," said a beaming Wiebe. "I'm so proud to be from Ottawa."

Among the crowd was Jason Kirby, Wiebe's high school coach from the National Capital Wrestling Club. Watching her walk down that escalator with a gold medal was a proud moment for him.

"Erica was always well-grounded and she had one goal after another. She was city champ. Then she wanted to be provincial champ. Then she wanted to be national champ. She always kind of took it step-by-step," he said. "Erica is such a humble athlete. She takes it so gracefully and as it comes."

Paula Preston, Wiebe's mom, was in Rio when her daughter won gold. Still, she said watching Wiebe walk through the airport wearing an Olympic medal was "unbelievable."

> **I was more nervous walking out here than I was before the Olympic final. It's so special to have this kind of recognition.**
> Gold medallist Erica Wiebe

"I keep thinking I'm going to pinch myself and wake up from a dream," she said.

In the short-term, Wiebe will take some deserved rest and plans on visiting different wrestling clubs.

"If I can provide inspiration for kids in Canada to go out there and just live their dream, that's pretty special," she said.

It was a long and weary trip home that included an overnight flight to Sao Paulo packed with other red-wearing Olympians.

Natasha Watcham-Roy, of Gatineau, also landed in Ottawa on Tuesday, wearing one of the bronze medals the women's rugby sevens team won on Aug. 8.

"I always dreamt of it, so I'm really happy," she said.

The team defeated Great Britain 33-10 to become Canada's first Olympic medal-winning team. Watcham-Roy said he hopes this inspires budding rugby players.

"I think the sport's just going to grow more and more."

Olympic wrestler Erica Wiebe surrounded by friends, family and fans at the Ottawa airport on Tuesday. LUCY SCHOLEY / METRO

MURAL OPENING

Walk to beach on wild side

With robin's egg blue paint speckled on her glasses, artist Tara Tosh Kennedy could be found for the past five weeks in the shade of the Sir John A Macdonald Parkway tunnel that leads to Westboro Beach.

Last week, she was putting in a few more hours of work on a mural that depicts the four seasons, bringing life to what she described as a dingy forgotten space.

"It was not a priority for keeping it beautiful," Tosh Kennedy said in a recent interview.

Painted on the sides of the underpass are plants, fox, raccoons and geese that have been seen at the beach, she revealed.

She used simple polygons to make up the shapes of the animals, a technique called low-poly, often used in the initial design phases of video games.

The mural began with a community consultation where the theme was chosen.

Then on what Tosh Kennedy said was one of the windiest days of the summer, she rented a paint gun to coat the underside of the concrete bridge that robin's egg blue.

"I could hardly see through my glasses," she said.

She created stencils to help with the overall design, hoping it would create a paint-by-numbers project that the community could help out with.

The mural is almost finished and Tosh Kennedy hopes to have it complete in time for its launch party at the beach on Sept. 2 at 1 p.m.

The mural is animating the gateway to the beach, a path that Tosh Kennedy has been walking since she first began going there when she was five.

"I never believed as a child that I would be the first to make a cohesive effort to make the space beautiful," she said.

The mural and an honorarium for Tosh Kennedy were paid for through Crime Prevention Ottawa's Paint It Up! program, which provided $5,000.

The tunnel was a fairly regular target of graffiti and the National Capital Commission, which owns the tunnel, approved the community association's pitch to beautify it.

MELISSA MURRAY/METROLAND MEDIA

HERONGATE

Rolling out mats to a long-term solution

A well-worn gravel path that cuts through Herongate's Sandalwood Park, connecting people to a plethora of shops and services, recently underwent a transformation — albeit a temporary one.

But it's hoped those changes will someday become permanent to boost safety, improve access and promote cycling and walking in the neighbourhood, said Trevor Haché, secretary and past president of the Healthy Transportation Coalition, which is made up of individuals, organizations and businesses working to increase healthy transportation policies and boost infrastructure investments in the region.

He joined several of the organization's volunteers at the park on Aug. 20 during a Herongate community fun day, where they laid out heavy-duty mats along the path to simulate a paved surface and installed solar lights along the trail.

"The popup project idea is basically to demonstrate over a short period of time what the improvements would mean to people, to give them the opportunity to see the improvements in place," Haché said, "and to reimagine their neighbourhood and their lives, even if it's just for a short time, to recognize that these things would be great if they were made permanent."

The coalition's plan now is to work with Alta Vista Coun. Jean Cloutier, whom the group first met with this spring, to see if the improvements can be included in the 2017 city budget. However, there are no immediate plans to ask for funds, said Cloutier.

Still, there is hope. It's possible development charges or cash-in-lieu-of-parkland funds from that project could pay for improvements.

In addition to seeing the short cut paved in the city-owned Sandalwood Park, residents have also said they would like it cleared of snow every winter.

The wish list for change includes lighting to improve safety at night for pedestrians and cyclists and to allow people to play on the soccer pitch, Haché said, adding that lights are currently only used at the north end of the park during the winter when the skating rink is set up.

ERIN MCCRACKEN/METROLAND MEDIA

The Healthy Transportation Coalition, including Trevor Haché, left, Gillian FitzGibbon, Gada Nohra and Kathryn Hunt. MICHELLE NASH BAKER/METROLAND MEDIA

Megan Piercey Monafu, founder of CSArt Ottawa. CONTRIBUTED

Experience local art on the regular

CULTURE

CSArt Ottawa offering up subscription program

Haley Ritchie
Metro | Ottawa

If you're a member of a community shared agriculture program, you might receive a monthly box of fresh vegetables. One Ottawa artist intends to re-create that model — but with a crop of Ottawa's best artistic talent.

CSArt Ottawa founder Megan Piercey Monafu is a member of the local Roots and Shoots CSA, one of the inspirations for her new CSArt Ottawa subscription program.

The initiative is based off Community Shared Agriculture models, where local consumers pledge money at the start of the year to support one or more local farms.

Ideally, pledgers form a relationship with growers, are delivered fresh local produce and share the financial risk of farming.

"I really like how it connects me with the season, the city and the surrounding area," she said.

"I wondered how that would work for art and in researching it saw that there are several models like that for art."

Monafu said most exist in the United States, with one successful program operating in Montreal.

Most offered exclusively visual art — but as an artist in the theatre world, Monafu didn't want to limit CSArt Ottawa to paintings and prints.

Instead, subscribers who pledge $400 or $1,000 sign up for an exclusive season of poetry, music, ceramics, painting and multimedia art.

The experience of seeing and discussing the artworks involved are facilitated by special events organized by CSArt.

One upcoming event is a concert by Ottawa band The PepTides, while another event offers a sit-down dinner and discussion with ceramic artists.

"The goal is to be really accessible and for you to be able to take in multiple art forms," said Monafu.

"It's providing an expanse of different art forms that are pre-curated for artists who have all done great work in the city in the past."

For art lovers in Ottawa, it's an easy way to meet artists and get involved in the local arts scene.

Monafu said a big part of the CSA model is building community and getting involved, not just making a financial transaction.

The benefits for the five artists involved in this season's offerings are also important.

"The artists have a guaranteed fee, which is fairly rare in any artistic discipline. They're paid by us while they're creating the work," said Monafu.

"They're also not responsible for making the event or being their own business person. We plan the events and get the people out," she added.

Monafu has been working on getting the project started for over a year, and the official launch party featuring the five artists involved this year is taking place next month at Bar Robo in Chinatown.

> "I really like how it connects me with the season, the city and the surrounding area.
> Megan Piercey Monafu

What to watch for

Subscribers are signing up for a roster of five events over the year, supporting five different artistic endeavors that include...

1 The PepTides (Oct. 17-23, 2016)

The PepTides are Ottawa's colourful, nine-piece art pop music collective. Subscribers to CSArt will be invited to an up-close-and-personal performance that will explore love, hate, revenge, sex, religion, war, and getting ready for dates. The band promises a unique experience, "sumptuous rhapsodies, spine-tingling harmonies, lipstick, heels and PVC."

ANDRE GAGNE

2 THUNK! Theatre (Nov. 21-26)

THUNK! Theatre founders Karen Balcome and Geoff McBride are hitting milestones and celebrating their birthdays with a show titled 30/50. True to their passion, the THUNK!ers will offer subscribers an experience around getting older: one part theatre show, one part ritual, all parts party.

3 Mark B. Stephenson (Feb. 12-18, 2017)

Painter Mark Stephenson, known locally for his selfie portraits, will be unveiling a "large interactive piece of physical art that you can touch and move" called M. Subscribers will get the chance to explore and discuss it over the course of an exhibition. For the event finale the exhibit will be separated into its individual parts, allowing each attendee to take home a unique piece of art.

4 Susie Osler and Chris Turnbull (April 1-7, 2017)

Ceramic artist Susie Osler and poet Chris Turnbull team up in April for an "evening of conversation and tangible and generative art that includes ceramics, photography, poetry and food." The event for CSArt subscribers includes a dinner party and discussion focused on clay, water and language. Subscribers will leave with a cup and poetry to remember the night by.

5 Chris Turnbull (May 22-27, 2017)

Since 2011, Poet Chris Turnbull's rout/e has placed poems by contemporary Canadian and international writers on a diverse set of trails mostly in Eastern Ontario, to be encountered by whomever and whatever comes upon them. A spring collection for 2017 will be offered to subscribers who will participate in a nature walk and poetry reading, accompanied by a chapbook.

Feds fund Fifth-Clegg footbridge

INFRASTRUCTURE

Commitment is part of $155.9-million announcement

Emma Jackson
Metro | Ottawa

Cyclists rejoice: the Fifth and Clegg footbridge has been funded at last.

Ottawa-Centre MP Catherine McKenna announced Tuesday her government will pay for half of the $21-million pedestrian and cycling connection over the Rideau Canal, which should be built by 2019.

Officially, the city's transportation master plan says the crossing should be built between 2020 and 2024. But staff have been pushing to move it up as pressure mounts from residents who are stuck detouring to Pretoria or Bank Street bridge to cross the canal.

"The truth is, this is a critical part of getting right across the city without having to go downtown," said John Dance, past president of the Old Ottawa East community association and a 40-year advocate for a Fifth-Clegg crossing. "This will allow you to safely get across the mid-town section of the city, and I think that's really wonderful."

> This will allow you to safely get across the mid-town section of the city.
> John Dance

The $10.5 million federal commitment is just one on a list of 57 public transit projects in Ottawa that got a collective $155.9-million boost, as the government doled out $688 million across Ontario as part of the Public Transit Infrastructure Fund. Ontario will receive a total of $1.49 billion from the fund in phase one, McKenna said.

In Ottawa, most of the money is heading to stage two LRT and other transit upgrades, but there's a big chunk for cycling and pedestrian projects, too.

Ottawa-Centre MP Catherine McKenna celebrates the $10.5 million funding commitment to the Fifth-Clegg footbridge, a major plank in her election campaign. EMMA JACKSON/METRO

TRANSIT
$127.32 MILLION

Transit got the lion's share of the funding, with $45 million for early stage two LRT work, $20 million to buy two sets of trains for the new line and $15 million to deal with the inevitable bus detours customers will face during construction.

But there are lots of smaller scale goodies on the list, too.

$6.75 million for new bus stop shelters, more concrete pads, park-and-ride upgrades, new emergency phone systems, digital information displays and new "smartbus infrastructure" for GPS tracking. That pot also includes an elevator for the new Tremblay station.

$9 million for O-Train upgrades. The money will help replace the system's spring switches, modernize signals and controls and improve the rail intersections near Walkley Yards. The money will also help to grade-separate the O-Train from the Via Rail tracks at Elwood. That crossing has been a regular source of delays for OC Transpo customers.

CYCLING
$20.4 MILLION

Of course, the big news is the $10.5 million promised for the Fifth-Clegg footbridge, but there are many other smaller wins on the project list, too.

$1 million has been earmarked for a Booth Street cycle track on the new bridge over Confederation Line downtown. City staffer said details are still being worked out, but the track is likely scheduled for 2018 or later.

$775,000 for a new footbridge over the Rideau River to Carleton University from Vincent Massey Park. It will add direct access for students in Confederation Heights and Hogs Back.

$1.025 million for an underpass at the Bank Street bridge along the Rideau River pathway. It's part of a larger solution for the scary mess for cyclists on that crossing, said Coun. David Chernushenko, but that funding will have to come another day.

$2.075 million to fix missing links across the city, from Carling at March Road in Kanata to the Trillium path at Dow's Lake. Cycle tracks on Heron Road and links on Hunt Club are also funded.

WALKING
$8.07 MILLION

With just over $8 million invested in pedestrian infrastructure, you might think residents would be disappointed — except that most of the planned cycling infrastructure is meant for pedestrians, too. Still, there are a few pedestrian-specific goodies in the bag.

$1.5 million has been earmarked to make more intersections accessible. In the past those projects have included new audio signals at crosswalks, lengthier cross times and better curb-cuts for increased mobility.

$775,000 will improve sidewalk links to transit stations, bus shelters and stops — a common complaint, especially for people with mobility issues — and $1.75 will help renew the sidewalks we already have.

$1.35 million will go towards new multi-use pathways in Cardinal Creek, Gloucester near the St-Laurent Centre and in Manotick.

$2.15 million will help renew existing multi-use pathways across the city.

Plus $100,000 for aboriginal consultation

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Former Paralympic powerlifter Sally Thomas is sending four commissioned works to the Olympic Village this September.
EMMA JACKSON/METRO

Paralympian sends art to Brazil

ACHIEVEMENT

Original work on display in Rio for Paralympics

Emma Jackson
Metro | Ottawa

For a Paralympian-turned-artist, it's a match made in heaven.

Ottawa powerlifter Sally Thomas will send four new paintings to Rio de Janiero, Brazil this September to brighten up the residences for Canada's boccia team when they compete at the Paralympic Games from Sept. 7 to 18.

Thomas is an artist now, but until 2008 she was focused entirely on powerlifting. She was the sole Canadian female powerlifter to compete in the Athens Paralympics in 2004, and made the team for 2008's Beijing games as well. That time, she was too sick to compete and retired from the sport shortly after.

Off the elite athlete circuit, Thomas was encouraged by a friend to try her hand at painting.

She's never looked back, selling her "wacky" abstract work at community events and through exhibits at local organizations.

The new works were commissioned by Jennifer Larson at the Canadian Cerebral Palsy Sports Association. She said Thomas's unique experience as a Paralympian and an artist seemed like a perfect fit to spruce up what are usually bare walls in the Olympic Village.

> **They're full of colour, full of life.**
> Jennifer Larson
> on Sally Thomas's pieces

"She knows what it's like to live through that experience, and she's now transitioned into an entirely different passion, and I just love that," Larson said. "It's just a little bit of joy. (The paintings) are just so vibrant, they're full of colour, full of life."

Dressed in paint-splattered pants and a powerlifting hoodie, Thomas said painting for her fellow Paralympians is an emotionallycharged honour.

"There's love there," Thomas said. "I miss it."

IN BRIEF

Big boost in organ donors, but room for more: Agency

A third of Ontarians have registered to donate their organs, according to the Trillium Gift of Life Network.

The Crown agency says in the 2015-16 fiscal year, more than 340,000 Ontarians registered as donors, the highest number ever recorded in one year.

But up to 45 per cent of people in Ontario believe they are registered to be donors because they have a paper donor card, which are no longer used. To formally register, Ontarians should go to the website BeADonor.ca.

THE CANADIAN PRESS

TECHNOLOGY

Schools getting special hi-tech cameras

Haley Ritchie
Metro | Ottawa

High schools in Ottawa now have access to a technology that can get students excited about watching paint dry. Local tech company Lumenera has donated 48 high-tech science cameras for use in high school labs across the city.

Ian Holland, who led the initiative at Lumenera to donate the cameras, said teachers are excited to see how students use the technology.

The technology allows for time lapses so watching a flower petal rot or even paint dry becomes exciting.

"The sky's the limit to what these kids can do having this tool they haven't had in their lab," said Holland.

Used together with microscopes, the camera allow seriously magnified images to be captured and stored on a computer. The view down the eyepiece can be projected on screen for class collaboration.

After being approached to donate cameras to a mobile-lab for students in New York, the company started looking for a similar program in Ottawa. Eventually they approached high schools directly.

"Students in the last couple of years have shown the initiative, taking out their smartphones and trying to hold them up over the microscope eyepieces to see if they can capture a picture of what they're seeing so they can show their friends and their parents," said Holland. "With the cameras being able to project a live image they'll be able to capture things immediately."

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Kurdi family settling in

SYRIAN REFUGEES

New Canadians speak about their new life in the country

Tima Kurdi, back second left, sits for a photograph with her brother Mohammad Kurdi, second right, and his wife Ghouson Dakouri, back centre, and their children, Heveen, back left, 16, Ranim, front left, 10, Sherwan, 1, seated hiding his face, Rezan, 8, and Shergo, far right, 15, at her home in Coquitlam, B.C. DARRYL DYCK/THE CANADIAN PRESS

Shergo Kurdi lifts his shirt to reveal a pale, mottled patchwork of burn scars on his belly and chest — a legacy, he says, of years spent ironing fabric in a Turkish clothing factory after he and his family fled war-torn Syria in 2012.

Now, nine months after arriving in British Columbia with his parents and four siblings, the 15-year-old refugee is preparing to enter Grade 10 and wants to one day become a police officer.

"I like ... to help people," Shergo said, explaining that he likes the idea of giving back.

Shergo and his siblings are the cousins of Alan Kurdi, the Syrian toddler whose lifeless body was photographed on the shores of a Mediterranean beach last September. The picture spread across the globe and jarred the world into responding to the Syrian refugee crisis.

In the wake of the photograph, the Canadian government committed to taking in tens of thousands of displaced Syrians, a pledge that paved the way for the Kurdi family's arrival in late December.

Speaking in broken English at his aunt's home in Coquitlam, B.C., Shergo talked about how difficult his job was in Istanbul. Shifts sometimes lasted as long as 24 hours, he said, and frequently he didn't get paid.

> **It's like a flower: If he doesn't have water he will die. Come to Canada, he has water and opens up again.** 15-year-old Shergo Kurdi

The teen used a metaphor to explain how his life has been affected by the move to British Columbia.

"It's like a flower: (if) he doesn't have water he (will) die. Come to Canada, he has water and opens up again," he said.

Shergo's sister, 16-year-old Heveen Kurdi, also spoke positively about her time in Canada, and of being reunited with her father, Mohammad Kurdi, who spent nine months in Germany trying to get his family out of Turkey and missed the birth of his youngest child.

"The whole family (is) together again," Heveen said, smiling.

She explained that after finishing grade school she wants to study dentistry at university. She added that she'll provide free dental work for her family, which prompted her mother, Ghouson Dakouri, to grin and chime in with "Mom is first."

Still, Heveen said she thinks about her friends and family back in the Middle East every day.

The challenges aren't over for the Kurdis, as they continue to grapple with finding permanent lodging and securing employment for Mohammad.

The family of seven initially lived with Tima Kurdi, Mohammad's sister, in Coquitlam. But since June they've resided in a group home in downtown Vancouver alongside dozens of other Syrian refugees while they wait for a stable living arrangement to open up.

The Kurdis said the facility accommodates about 70 other people, mostly children, and that their living quarters consist of only two sleeping rooms.

Work is also a challenge. Mohammad, who is a barber, said he must be available to inspect a possible home at a moment's notice, which makes it difficult to maintain regular, full-time working hours.

Heveen said she hopes they find somewhere permanent to live before September, so she won't have to risk moving schools and starting over yet again. Seated on a couch in Tima's home with his family around him, Mohammad smiled as his youngest child, 13-month-old Sherwan Kurdi, dragged a toy dog through the living room.

Speaking through his sister, Mohammad said he feels happy and proud to see his kids like this, the trauma of their ordeal fading from memory.

"Seeing the kids, it's happy," said Tima. "He's happy."

THE CANADIAN PRESS

Ethics watchdog examines Philpott

Ethics commissioner Mary Dawson is now examining whether Health Minister Jane Philpott violated the Conflict of Interest Act in her use of a high-end car service owned by a Liberal supporter.

Health Minister Jane Philpott

Dawson's probe, to be conducted in private, will focus on a section of the act pertaining to "preferential treatment."

It comes after Conservative health critic Colin Carrie wrote to the commissioner over the revelation that Philpott paid a limousine company $1,700 on one day for service and more than $1,900 on another day.

The commissioner cannot comment on the review, but a public report will be issued once it is complete.

Philpott announced last Thursday she would repay the cost of these trips totalling just over $3,700, while admitting these were "excessive costs" related to her work travel. THE CANADIAN PRESS

EXTREMISM

Study vilifies Muslim community: Leaders

Canadian Muslim leaders are fiercely disputing a new study that says several mosques and Islamic schools are endangering young people with extremist teachings. The study is "yet another anecdotal attempt to vilify" members of the religious community and their institutions, says the National Council of Canadian Muslims.

THE CANADIAN PRESS

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Survivors of '60s Scoop and their supporters gather for a demonstration at a Toronto courthouse.
MICHELLE SIU/THE CANADIAN PRESS

Survivors of Scoop rally

ASSIMILATION

Class action seeks answer to '60s 'cultural genocide'

Scores of aboriginals from across Ontario rallied Tuesday ahead of a landmark court hearing on whether the Canadian government robbed them of their cultural identities during a two-decade period in which native children were taken from their homes and placed with non-native families.

Some, who travelled for as long as two days to attend, listened as speakers denounced the '60s Scoop and what they called the "cultural genocide" perpetrated by the government against indigenous people. Speakers called the practice a deliberate effort to assimilate aboriginal children.

"I just want to say to Canada: We will not allow the harm of our children. We need to bring our children home, the ones that were lost, the ones that were stolen," lead plaintiff Marcia Brown Martel told the crowd.

Martel, a member of the Temagami First Nation near Kirkland Lake, Ont., was one of an estimated 16,000 aboriginal children who ended up in non-native homes. She later discovered the Canadian government had declared her original identity dead.

The '60s Scoop depended on a federal-provincial arrangement that operated from December 1965 to December 1984. The $1.3-billion class action argues that Canada failed to protect the children's cultural heritage, with devastating consequences to victims.

"Treaties do not give you permission to take our children," Regional Chief Isadore Day said.

Following the rally, the crowd marched behind traditional drummers to the nearby courthouse, where they filled the courtroom, to listen as their lawyer, Jeffery Wilson, called on Superior Court Justice Edward Belobaba to decide the case, which began in early 2009, based on the evidence he already has.

> **We need to bring our children home, the ones that were lost, the ones that were stolen.**
> Marcia Brown Martel, lead plaintiff

The unproven claim — it seeks $85,000 for each affected person — alleges the children suffered emotional, psychological and spiritual harm due to the devastating loss of a cultural identity that Canada negligently failed to protect.

Before court ended, Wilson cited a few words in Algonquin which he spelled out."Ati kati ci wepik," he said.

"We must never let this happen again." THE CANADIAN PRESS

STAGNATION

Team set up to advise on Canada's economy

A team of federal advisers recruited to help resurrect Canada's sagging economic growth has been exploring opportunities around trade, infrastructure, innovation and labour markets, says the group's chair, Dominic Barton.

The council, created to provide advice to the Trudeau government, is scheduled to meet Finance Minister Bill Morneau in Toronto on Wednesday.

The meeting follows data showing that in May the country had its worst one-month performance in real gross domestic product in seven years - dating back to the darkest days of the Great Recession. Statistics Canada said the economy contracted 0.6 per cent that month, in large part due to the Alberta wildfires.

Barton, global managing director of the consulting firm McKinsey & Co., said the group is "driving along" four classic work streams.

Canada's rapidly aging population is one of the challenges that council members have been exploring, he added.

"We're going to have really big headwinds on labour-force participation over the next 10 to 15 years, so how do we get more people to participate in the economy?" said Barton, a Canadian who is a sought-after international expert who has advised governments and big companies with economic strategy.

THE CANADIAN PRESS

HOT TOPICS

The team is looking at:
- Ways to help workers adapt to automation in the workplace.
- Infrastructure investments, and ways to attract more private capital.
- Canada's trade agreements, exports, imports and foreign direct investments.

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MIDDLE EAST

Turkey, Syrian Kurds on track for conflict

Turkey signalled Tuesday it would step up its engagement in the Syrian war, as Turkish-backed Syrian rebels massed along the border to assault one of the last Syrian frontier towns held by Daesh militants.

Foreign Minister Mevlet Cavusolgu pledged "every kind" of support for operations against Daesh along a 100-kilometre stretch of Syrian frontier, putting the NATO member on track for a confrontation with U.S.-backed Kurdish fighters in Syria, who have been the most effective force against Daesh and who are eyeing the same territory.

Cavusolgu said Turkey would support twin operations stretching from the Syrian town of Afrin in the northwest, which is already controlled by Kurdish forces, to Jarablus, in the central north, which is held by Daesh.

"It is important that the terror organizations are cleansed from the region," Cavusolgu said in a joint news conference with his Hungarian counterpart.

Turkish artillery shelled Jarablus for the second consecutive day as reports circulated that Turkish-backed Syrian rebels were preparing to storm the town, a vital supply line and the last border point that directly connects Daesh with Turkey and the outside world.

The Britain-based Syrian Observatory for Human Rights monitoring group said some 500 Syrian rebels were massed on the Turkish side of the border in preparation for an assault, including local fighters from Jarablus. One rebel at the border told the BBC the number was as high as 1,500 fighters.

THE ASSOCIATED PRESS

U.S. President Barack Obama speaks with residents in a flood-affected area of Baton Rouge, La., on Tuesday. AFP/GETTY IMAGES

Obama vows support for flood-ravaged state

LOUISIANA

President visited battered areas and consoled locals

Standing amid piles of water-logged debris, President Barack Obama on Tuesday promised a sustained national effort to rebuild flood-ravaged southern Louisiana "even after the TV cameras leave" on a visit aimed in part at stemming campaign-season criticism that he's been slow to respond to the disaster.

As he toured a battered neighbourhood and spoke to local officials, Obama tried to buck up beleaguered residents of the water-soaked region.

"This is not a one-off, this is not a photo-op issue. I need all Americans to stay focused on this," he said. "I know how resilient the people of Louisiana are and I know that you will rebuild again."

Eleven years after Hurricane Katrina ravaged New Orleans, Obama's visit was a reminder of the political dangers and opportunities natural disasters pose for politicians. The president has been criticized for waiting until after he returned from his New England vacation to tour the Gulf Coast flooding. The timing, amid a heated presidential campaign, drew barbs from some local officials and Republicans political opponents, including GOP presidential candidate Donald Trump.

> This is not a one-off, this is not a photo-op issue. I need all Americans to stay focused on this.
> U.S. President Barack Obama

Trump visited Baton Rouge on Friday, enjoying a warm reception and allowing him to cast the president as golfing while Louisianans suffered.

"Too little too late," Mona Gaspard said of Obama's visit. The resident of Ascension Parish said she saw her home filled with 4 feet of water and resented what she saw from Obama. "I saw him play golf, not helping out over here. Trump was over here, but he wasn't," she said.

Others welcomed Obama and the spotlight he brought.

"It means a lot to know you have that support from the highest level," said Chrisena Brown, as the president surveyed the piles of discarded mattresses, broken appliances and heaps of clothing that line the curbs of her street.

THE ASSOCIATED PRESS

U.S. ELECTION

Trump's attack on rival stirs talk of gender bias

Donald Trump and his Republican allies say Hillary Clinton is weak, lacks stamina and doesn't look presidential.

Republican presidential candidate Donald Trump
THE ASSOCIATED PRESS

Intent on undermining his Democratic rival, Trump and GOP backers are increasingly relying on rhetoric that academics and even some Republican strategists say has an undeniable edge focused on gender. His criticism of Clinton goes beyond "Crooked Hillary," and complaints about her use of a private email server as secretary of state and her foreign policy decisions.

Clinton, Trump said in a speech last week, "lacks the mental and physical stamina to take on (Daesh) and all the many adversaries we face."

He has repeatedly called attention to Clinton's voice, saying listening to her gives him a headache. Last December, he mocked her wardrobe. "She puts on her pantsuit in the morning," he told a Las Vegas audience.

A frequent point of criticism: Clinton doesn't look like a typical president.

"Now you tell me she looks presidential, folks," he said at a recent rally in New Hampshire.

"I look presidential," he insisted. THE ASSOCIATED PRESS

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MARINE LIFE

Feds want to ban swimming with Hawaii dolphins

Federal regulators are proposing to ban swimming with dolphins in Hawaii, a move that could imperil one of the Aloha State's most popular tourist delights and the industry that has sprung up around it.

The National Marine Fisheries Service says Hawaii's spinner dolphins — the nocturnal species that humans usually frolic with — are being deprived of rest during the day and becoming stressed out.

The agency was expected to announce the proposal Tuesday.

Swimming with dolphins is popular with visitors and some locals, with dozens of companies on Kauai, Oahu, Maui and the Big Island operating dolphin tours daily.

The proposed rule could shut down or greatly disrupt the industry as it now operates. That's because the ban would cover waters out to two nautical miles, which is where 98 per cent of Hawaii's spinner dolphins rest after they've spent the night feeding. Tour companies take customers to these nearshore waters to find dolphins.

Ann Garrett, assistant regional administrator of the National Marine Fisheries Service's protected resources division for the Pacific Islands, said dolphins have been found to be burning calories at a higher rate because they are forced to be vigilant as people approach their pods.

"All of these things can contribute to a reduction of fitness over time — this kind of chronic level of stress. That's what we're concerned about," Garrett said.

The agency plans to hold public meetings on the proposal next month and expects to make a final decision on the regulations next year.

THE ASSOCIATED PRESS

The National Marine Fisheries Service says spinner dolphins are being deprived of rest during the day. ISTOCK

Startups find new ways to use waste

GREEN ECONOMY

Ventures made viable through recycling metal and resales

A growing number of businesses focus on a more sustainable economy — finding new uses for waste. TORSTAR NEWS SERVICE

When corporations renovate their offices, they pay hundreds of thousands of dollars to junk old furniture and equipment — 85 per cent of which ends up in the landfill.

That's a waste, according to Richard Beaumont, CEO of Toronto-based Green Standards. The company finds new homes for old office furniture and equipment at non-profit organizations that welcome used phones and chairs with open arms.

Unlike many environmental organizations, Green Standards has found a way to turn "reduce, reuse, recycle" into a workable business model. It focuses on a "triple bottom line," meaning performance is measured by profit, as well as the social and environmental benefits produced.

The company was originally a non-profit operating out of the U.K., which donated old office furniture to organizations in Africa. But when it almost collapsed, Beaumont realized a new approach was needed.

The for-profit model added resale, recycling valuable metals and a removal charge to make the premise scalable and cost-effective.

Green Standards is one of a small but growing number of Canadian businesses operating in the "circular economy," a system that aims for zero waste and no greenhouse gas emissions by using products to their potential.

"It's actually just the way that people used to do things making a comeback," said Warren Mabee, director of the Queen's University's Institute for Energy and Environmental Policy.

"We started to move toward a throwaway society — and industry really embraced it because of course it meant vast growth in their bottom line because people now need to purchase something every couple years."

Globally, a circular economy could save as much as $700 million US per year, according to a 2011 report by the McKinsey Global Institute. It calls the circular economy "a trillion dollar opportunity," estimating that it could address up to 80 per cent of the growth in energy demand, 60 per cent of growth in water demand and 25 per cent of growth in demand for steel.

However, Beaumont said he learned the hard way that for the "economy" part of the idea to work, environmental organizations need to shed the idea that "profit" is a dirty word.

"We want to have a real impact on this issue North America-wide and potentially globally and that's only possible by being able to implement it in a cost-effective and profitable fashion," he said.

TORSTAR NEWS SERVICE

COMPANIES IN THE CIRCULAR ECONOMY

- **Biox** of Hamilton, Ont., turns animal fat and vegetable oil waste into fuel.
- **Frogbox,** a successful 2011 Dragon's Den venture, delivers reusable moving boxes and supplies to your doorstep and picks them up when you're done.
- **Enterra Feed** takes organic waste from supermarkets and feeds it to black soldier fly larvae, which are then used to feed animals.
- **Waterfarmers Aquaponics** harvests fish that help grow produce in a greenhouse. They raise tilapia and trout, the waste from which go into grow beds for plants like salad greens or bok choy.

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MEDICAL MARIJUANA

Whoopi eyes Canada to sell pot products

Prime Minister Justin Trudeau's promise to legalize marijuana has grabbed the attention of many pot entrepreneurs — including Whoopi Goldberg, who's eyeing Canada as a potential market for her line of cannabis-infused menstrual pain products.

Whoopi Goldberg. THE ASSOCIATED PRESS

Goldberg's product line, which includes a THC tincture and cannabis-infused cacao, is available only to medical marijuana patients in California. The comedian said making the products available north of the border will require overcoming regulatory hurdles.

Goldberg founded Whoopi & Maya alongside Maya Elisabeth, a California-based creator of medical cannabis products and the founder of Om Edibles.

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PAUL WELLS ON WHAT THE CABINET TWEAKS SUGGEST

The most exhibitionist Canadian government in memory has released a new list of cabinet committees, and I can't shake the feeling that it means something.

In the bad old days of the Soviet Union, Western intelligence agencies used to grab at the tiniest details to figure out, in the absence of reliable information, who was up or down in Moscow. Seating orders on reviewing stands at May Day parades. The placement of articles in Pravda. Musical choices on state radio. Any scrap or tidbit.

One feels a bit ridiculous performing Kremlinology on the most exhibitionist Canadian federal government in memory. But Justin Trudeau released a new list of cabinet committees the other day, and I can't shake the feeling that it means something. So let's break out the calipers and magnifying glasses, and sift through the names for omens and portents of the Trudeau government's second year.

Cabinet committees meet frequently, some every week, to plan and organize the government's work. All government decisions filter up through the committee system. They matter. Trudeau and his advisors were flying nearly blind when they named the first committees. Most ministers had never been members of Parliament before. It was anyone's guess how they'd work together.

The new list leaves some committees almost unchanged, which suggests they're working fine. These include the powerful Treasury Board, which scrutinizes big spending decisions, and the Diversity and Inclusion committee. Apparently Trudeau does not worry he's being insufficiently diverse and inclusive. The "Inclusive Growth" committee gets a new name — "Growing the Middle Class" — and a diet, shrinking from 15 ministers to a dozen.

Among the ex-members of the committee on growing the middle class is Chrystia Freeland, which is odd: She wrote an entire book on growing the middle class. The Trudeau gang used to parade her as a guarantor of their economic credibility. Upon reflection, the PM seems to have decided the trade minister is more about foreign policy than the economy: she also departs from the Environment and Energy committee, but moves up to co-chair of Canada in the World and Public Security (one committee, long name). And she remains as chair of the Canada-U.S. Relations committee, which has much to worry about this autumn.

I love this bit: The committee on Agenda and Results, the all-powerful "deliverology" group chaired by the PM itself, grows by one word. It's now the committee on Agenda, Results and Communications. It is never too soon for a government to start worrying that it is not getting its message out. Even this one. Expect more methodical bragging about results, or rationalization of setbacks, as the case may be.

Prime Minister Justin Trudeau speaks to the media at the Liberal cabinet retreat in Sudbury, Ont., on Monday.
NATHAN DENETTE/THE CANADIAN PRESS

Biggest changes come last. First, there used to be a committee on Open and Transparent Government, and another on Parliamentary Affairs. They've merged. Now the Liberals' hopes for a happy-face democracy won't be considered in isolation from the grim realization that some stuff needs to get passed through a Parliament where optimism goes to die. Now the two sentiments will share a meeting room, and for hints about which sentiment has the upper hand, note that fisheries minister Dominic LeBlanc, a politico in the old style, is the committee's vice-chair, while his successor as government House leader, Bardish Chagger, is an ordinary member. Sad face.

Next: When Chagger replaced him as House leader last Friday, LeBlanc tweeted something opaque about looking forward to "additional responsibilities." Say hello to the new committee on Litigation Management, with LeBlanc as chairman.

This is the institutional admission of a timeless fact: all governments get sued a lot. This one does not expect to be spared, especially on issues related to reconciliation with First Nations. "Decisions on litigation matters often can't be left to lawyers," one senior Liberal told me. "Everything has important policy repercussions."

Finally, at Environment, a big move. Stéphane Dion, a former environment minister and Green Shifting Liberal Leader, is out as chair. Off the committee entirely. Replaced as chair by heritage minister Mélanie Joly, who was not previously known for her views on energy policy. It's all about who gets along well with others, and Dion, who had a hard time letting colleagues take any initiative on his pet file, has been sent packing.

Dion is not banished to Siberia, precisely. He shows up on the Defence Procurement committee, where his eye for detail may help avoid huge spending boondoggles. But his move suggests that in some ways, the real cabinet shuffle was hidden in these endless lists of names.

Cabinet committees meet frequently. All government decisions filter up through the committee system. They matter.

Paul Wells is a national politics columnist for the Toronto Star.

ROSEMARY WESTWOOD

Stanford's response to rape: Endorse the rapist's rationalization

Good God, Stanford.

Apparently, it's not bad enough that the school's last name these days is "rape." It had to go ahead and align itself with the rapists.

On Monday, the university moved to "reduce the availability and accessibility of hard alcohol." The school is banning all large containers over 750 ml of hard alcohol, and banning it altogether from on-campus parties. The policy grew from president John Hennessy's request in March for student input on curbing alcohol use.

To be sure, a conversation around campus drinking culture is warranted. This policy, however, is about considerably more than that. It began a full year after Brock Turner, a student, was indicted for rape, sexual assault and attempted rape. It began in the midst of a media storm around the case, during the very month of the trial, which saw Turner convicted of three charges of felony sexual assault.

And this new alcohol policy has come out amid a campus terrain irrevocably changed. The Stanford rape victim's now famous letter to the court has galvanized an entire world over the injustice of sexual assault and, most particularly, Turner's insulting, insidious, arrogant and vicious excuse that, in effect, partying made him do it.

Let's have the victim speak again from that statement: "Again, you were not wrong for drinking. Everyone around you was not sexually assaulting me. You were wrong for doing what nobody else was doing, which was pushing your erect dick in your pants against my naked, defenseless body concealed in a dark area."

Clearly, Stanford University disagrees. The booze policy, which can only be read as a measure to stem sexual violence, lets predators — and the university itself — off the hook by accepting the argument that alcohol is to blame.

In a tweet from Michele Dauber, a law professor at Stanford and the school's own worst critic: "Alcohol must be in bottle small enough so you can use it "secretly" so @Stanford isn't blamed when you rape someone."

At one point, the alcohol policy even made the alcohol-as-rape defence explicit, in a section that has since been removed from the website. Titled "Alcohol affects both sexual intent and aggression," the section noted that women who drink are "perceived to be more sexually available," that men who are drinking feel more aroused by "rape scenarios" and that women should thus "take action to protect friends."

I have been drunk. I have been obliterated. I have blacked out. And I have never, ever sexually assaulted another person or wanted to. If men feel differently, the problem isn't with booze.

The problem is with men.

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CRAFT BEER

Local brews thrive in a city that loves new flavours

ISTOCK

In recent years, Canada's capital has been at the heart of the country's craft beer boom with new breweries constantly popping up around the city. This growth doesn't show any signs of lagging as Ottawa's tightly-knit communities are allowing budding craft brewers to flourish and slowly expand.

"Ottawa has a huge appreciation for beer, which is why it's possible for the city to support so many craft breweries," says Lindsey Osborne, sales and marketing manager for CRAFT Beer Market Ottawa.

"At the CRAFT Beer Market the aim is to carry as many local breweries as possible. Of our 132 taps, 121 are beer. Sixty per cent of these beers are from Ontario."

Ottawa's thriving craft beer community relies on brewers helping each other out and learning from one another. A prime example of this is Beyond the Pale. Struck by sudden popularity, the pint-sized brewery (excuse the pun) couldn't keep up with its customer demand, so the very popular Ottawan brewer Beau's then stepped in by donating equipment to allow the Beyond the Pale to increase its production by 80 per cent.

"People here love to support their local businesses," Osborne continues. "Beau's put Ottawa on the map in 2006, and Kichesippi wasn't far behind. It's easy to see why Ottawa rallies behind their local breweries. They're using locally sourced ingredients to create great beer, they are creating lots of jobs, giving back to local charities and partnering with local businesses."

Laura Behzedi, the co-founder of Ottawa's Bicycle Craft Brewery, is in full agreement with this.

"Ottawa is a great community for supporting local movements. The customers are looking for flavourful natural craft beer so city restaurants have been very receptive to serving it."

Laura's story is typical of what is happening in Canada's craft beer hub.

"My husband and I started the brewery. We were home brewers for a number of years so we wanted to share that with our friends and the community."

The variety and loyalty to Ottawa-grown produce is impressive and it appears the customer is the overall winner as they get avail of the vast choice knowing that they are buying local.

"We use fresh city-grown hops in some of our beers, locally grown jalapenos in our jalapeno pale ale, fresh raspberries in our summer beers and Ottawa valley pumpkins in our spicy pumpkin beer."

With that in mind it's hard to imagine anyone returning to mulling over what corporate beer they will drink for the entire night. Variety is the future and Ottawa knows this.

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Ontario

Cheers to craft beers and a fun-filled weekend

The 5th edition of the Ottawa Craft Beer Festival kicks off on Friday at Lansdowne Park and runs right through the weekend.

The Ottawa Craft Beer Festival gives you the chance to sample craft beers from Ontario and beyond, as well as import beers, cider and local eateries.

Of course, the festival offers way more than tasty samples, there are also a number of other events and activities scheduled throughout the weekend.

Beer School and Beer University

Beer School offers a few programs — Beer Styles and Beer 101. Beer 101 aims to teach the casual craft beer drinker about the complexities of beer and how to enhance their overall tasting experience. The class covers the ingredients in beer as well as the brewing process. Beer Styles dives deeper into the history of beer, exploring a variety of styles and their importance in the brewing industry today and more.

With Beer University, students interact with industry professionals to get an understanding of what's involved in building a brewery.

CONTRIBUTED

There is no cost for Beer School or Beer University but tickets are required for all craft beer samples.

Ottawa Craft Beer Run

The Ottawa Craft Beer Run returns for its second year. This 5K run/walk starts at the Aberdeen Pavilion and travels along the Rideau Canal via Queen Elizabeth Drive, looping back to the finish line at the Ottawa Craft Beer Festival.

Registration includes a celebratory beer, festival glass, tank top or t-shirt, finisher medal, timing chip and a weekend festival pass. Proceeds from this year's event will be donated to Ottawa Riverkeeper and For Pivots Sake.

Live entertainment

Performing on Friday and Sunday night is Donnie Leafloor — better known as The Rainman — a local legend who has been performing around Ottawa for over 25 years. On Saturday night, Newfoundland native Chris Ryan, a mainstay of the Atlantic Canadian entertainment scene, takes the Ottawa Craft Beer Festival stage.

The Ottawa Craft Beer Festival

When:
- *Friday, Aug. 26 from 3 to 10 p.m.*
- *Saturday, Aug. 27 from 11 a.m. to 10 p.m.*
- *Sunday, Aug. 28 from 12 to 6 p.m.*

Where:
Aberdeen Pavilion | Lansdowne Park

Festival passes:
$25 (plus HST) for a one-day general admission pass. Daily pass includes one sample cup and two sample tickets. Multi-day passes can be purchased online until Thursday, Aug. 25.*
**no online fees*

Sampling tickets:
Sampling tickets are sold in sheets of 10 for $10

For more information, visit ottawacraftbeerfestival.ca.

So many brews to choose from

The Ottawa Craft Beer Festival features over 200 craft beers from breweries across Ontario, as well as a number of international beers, ciders, wines and imports. Here are just a few of the breweries who will be pouring at this year's festival

Bicycle Craft Brewery | Ottawa
bicyclecraftbrewery.ca
A relative newcomer to the local craft beer scene, Bicycle Craft Brewery was founded in 2014 by husband and wife duo, Fariborz and Laura, who started with a home brew kit and quickly expanded as a means to share their passion for delicious, natural brew.

Perth Brewery | Perth, Ont.
perthbrewery.ca
This family run craft brewery launched over 20 years ago and offers lagers, pilsners, ambers, IPAs, stouts and seasonals. Their fresh, all-natural beers are made from locally sourced ingredients.

Waller St. Brewing | Ottawa
wallerst.ca
Waller St. Brewing is a prohibition inspired microbrewery whose philosophy is to continually refine the craft of beer making. Their beers are made with natural ingredients, no preservatives and no gelatine. They are also unfiltered and specially crafted to remove nearly all gluten.

Gananoque Brewing Company | Gananoque, Ont.
ganbeer.com
Inspired by tourists looking to sample local beer at a Gananoque bar, Bruce Davis launched Gananoque Brewing Company in 2011, giving the region its first truly local beer. Their mission is to become the best local brewer in eastern Ontario by brewing quality, small batch beers using natural ingredients.

CONTRIBUTED

Railway City Brewing | St. Thomas, Ont.
railwaycitybrewing.com
Railway City Brewing makes a series of handcrafted beers featuring simple ingredients — malted barley, hops, yeast and water. Each beer is all natural and crafted in small batches with no artificial adjuncts or preservatives.

Pilsner Urquell | Czech Republic
pilsnerurquell.com
Pilsner Urquell Brewery created the world's first pilsner type pale lager. The first batch was brewed on Oct. 5, 1842 in Plzen, Czech Republic. Since that day, the recipe has remained the same.

5TH EDITION Ottawa CRAFT BEER festival
A production of KNOWLEGEABLE CONSUMPTION

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Friday, August 26 • 3pm to 10pm
Saturday, August 27 • 11am to 10pm
Sunday , August 28 • Noon to 6pm

Beer School

Beer 101
Beer 101 will teach the casual craft beer drinker about the complexities of beer, and enhance their overall tasting experience. This class will cover the ingredients in beer, the brewing process, and will guide students through a proper tasting of five beers. Taught by Prud'homme certified Beer Specialist, Jay Killoran.

Beer Styles
Beer styles are constantly evolving as new hybrids are being born every day. In order to truly enjoy all of these new styles, it's important to understand some very basic and important beer styles. This class will take a deeper dive into the history of five beer styles, why these styles were created and their importance in the current brewing industry.

Beer University
An opportunity to talk with industry professional's to get a good understanding of what's involved in the building of a brewery. Test your skills and knowledge and see if you can pass this university exam?

Please note there is no cost for the Beer School or Beer University, beer tickets are required for all craft beer samples.

OTTAWA Craft Beer RUN SATURDAY AUG 27 2016

The Ottawa Craft Beer Run is back for its second year! The 5K run/walk starts at Abderdeen Pavilion and takes you along Queen Elizabeth Drive. The route loops back and finishes at the Ottawa Craft Beer Festival.

Run registration includes: celebratory beer, festival glass, tank top or t-shirt, finisher medal, timing chip and a weekend pass to the festival.

Proceeds from this year's event are going to Ottawa Riverkeeper and For Pivots Sake.

Coinciding with festival dates, this competition will prove to be more exciting than last year's edition which saw over 300 beers entered and some fantastic prizes given out.

SEE WEBSITE FOR MORE ON OUR BEER SCHOOL AND OTHER EVENTS
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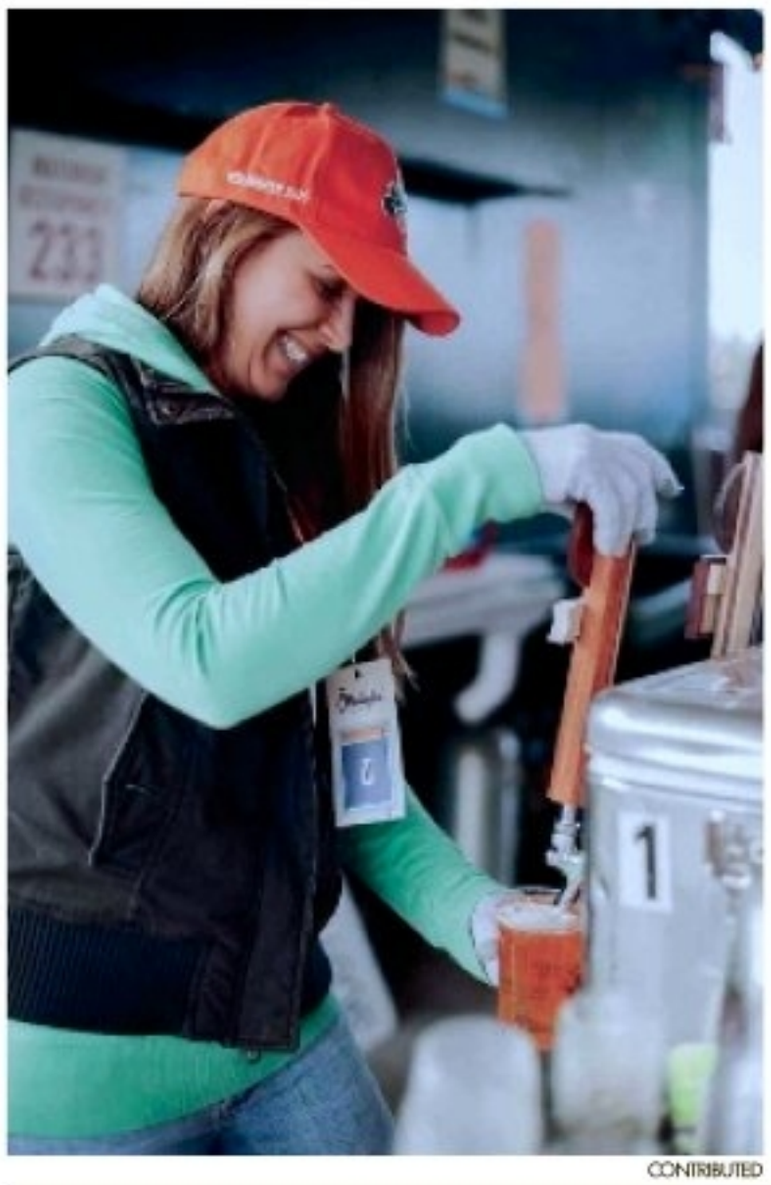
Beau's menu surprises and delights



CONTRIBUTED

The biggest party in Vankleek Hill, the annual Beau's Oktoberfest, is just around the corner.

This two-day celebration of craft beer and Bavarian culture, now in its 8th year, is a popular annual festival for beer lovers. Last year's event attracted nearly 19,000 festival goers who enjoyed over 28,000 litres of beer.

The 2016 edition of Beau's Oktoberfest will be held at the Vankleek Hill Fairgrounds a week early this year — on Sept. 23 and 24.

A craft beer lover's paradise, Beau's Oktoberfest will feature 16 Beau's beers on tap, the most in festival history, including over half a dozen brand new brews.

On top of the great selection of Beau's beers, the festival also includes Craft Haus, a beer festival within a festival, which boasts 48 guest taps pouring a curated selection of beers from craft breweries across Ontario and Quebec.

"We design the beer menu for Oktoberfest with variety in mind," says Beau's Master Brewer Matthew O'Hara. "We want people to be happy with — or even surprised and delighted by — all the types and styles of beer they can try. It's rare to be able to get this kind of variety at an event that's not exclusively a beer fest."

There will also be the opportunity to taste dozens of homebrew recipes as competitors from across the Nation's Capital gather for the annual Homebrew Competition.

For serious beer nerds (or even a beer nerd in training), Beau's Oktoberfest offers the School of Bock — an educational beer school with classes from Toronto beer educator Crystal Luxmore, the Locavore Chef Bruce Wood and the Beau's brewing team.

There is also a full lineup of musical entertainment throughout the weekend, including performances by 54 40, k-os, Born Ruffians, Hannah Georgas and more.

Plan to go? Here's what you need to know

Beau's Oktoberfest single day adult passes are $32, weekend passes are $45, children 18 and under are $5 (Saturday only). Tickets include a voucher for your first beer or other beverage.

Round-trip buses are available from Ottawa and camping is available onsite.

For more information, visit beausoktoberfest.ca.

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2016
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Your essential daily news

Wednesday, August 24, 2016

> **"We did believe that our job as a film festival is to present works of art that we feel are well made and tell important stories, and so we're going to present the film as planned."**
>
> TIFF artistic director Cameron Bailey on the controversy surrounding The Birth of a Nation star Nate Parker. In 1999, a rape allegation was made against Parker. He was acquitted.

Meet the chef without borders

INTERVIEW

Bashir Munye uses Somalia, Italy in his nomadic dishes

Karon Liu
Torstar News Service

Little Dumplings owner Bashir Munye is doing a private dinner series showcasing Moor cuisine (Muslims from North Africa, Iberia and Malta during the Middle Ages). TORSTAR NEWS SERVICE

To be hung up on the idea of authenticity or what ingredients or cooking techniques should be allowed in certain cuisines means missing out on chef Bashir Munye's feasts of buttermilk chicken livers with baharat, saffron-honey peach almond cake, and thick-cut chickpea fries with spicy harissa dip.

If there's one person who encapsulates Toronto's multicultural food scene, this is the guy.

"The food is authentic to me as Bashir who was born in Somalia, raised in Italy, married a woman from Barbados and lived in Toronto for 21 years," says the chef and owner of My Little Dumplings. "Food is a celebration of where I've been and where I want to be, not about creating boundaries just so I could be defined."

Munye's customers normally know him as the guy at the Evergreen Brick Works farmers market serving steamed baos and dumplings filled with global flavours including jerk chicken, sweet chili beef and falafel batter made from ground edamame. Earlier this year he opened a bricks-and-mortar location and now he's gearing up to do a dinner series on Fridays and Saturdays that celebrates what he calls "nomadic cooking" — food that explores Africa's vast culinary regions mixed with his family's Somali background, Italian upbringing and local ingredients.

"Food for me is always fluid as people travel and migrate throughout history," he says. "Somali food is a melting pot because of its geographical location. It's on the coastline so there's influences from India, European colonialism, and the original Bantus people.

"As a Somali person, our history and culture are nomadic by nature," he says. "Chefs are nomadic as well, going from kitchen to kitchen, learning and growing. I'm taking this philosophy of a long journey."

At a trial dinner for his yet-to-be-named dinner series, Munye billed the night as a "Moorish Supper." The Moors are Muslim people from the North African and Mediterranean region during the Middle Ages. About 20 of us are sitting without our shoes in a circle on the floor in Munye's little restaurant, which tonight is lined with woven carpets and pillows the chef borrowed from his aunts. His son is helping out in the kitchen along with Munye's fellow chef Damon Clements.

His cousins are playing hostesses for the evening, bringing plates of fermented carrots, mushroom conserva with artichokes and marinated beef tongue with fresh herbs.

Giant bowls of tomato-garlicky okra with preserved lemon and smoky sumac-spiced eggplant complement the show-stopping main of juicy roasted lamb saddle stuffed with aromatic basmati rice, pine nuts, pistachios and currents.

These are the timeless, belly-warming and comforting flavours you'd expect from a grandmother who spent all day in the kitchen.

> **Food for me is always fluid as people travel and migrate throughout history**
>
> Chef Bashir Munye

In addition wanting to make diners come back for more of his food, Munye's goal is to get aspiring black cooks to be proud of their culinary heritage, especially when much of today's western food culture is still heavily skewed toward a European palate (ie: how many non-white chefs do you see on TV and magazines?).

Eden Hagos, founder of the Toronto-based Black Foodie blog, which showcases African, Caribbean and southern American cuisine, hopes Munye's cooking will change people's perceptions of African cooking, that within each country there are regional variations and that there's a world beyond the Ethiopian restaurants in downtown Toronto.

"I think when a lot of people think of African food, they think of Ethiopian food. As an Ethiopian person, I love that (these restaurants are) serving different audiences but there's amazing West African food, and people from other parts of East Africa like Bashir playing with flavours and changing peoples' perceptions," she says.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Veggies vs. veggie chips

Eat the real deal when it comes to your veggies!

PICK THIS

Fresh Sugar Snap Peas (50g – approx. 40 sugar snap pods)

Calories 56
Fat 0.3 g
Sodium 5mg

SKIP THIS

Snapea Crisps in Wasabi Ranch (50g – approx. 40 pea pods)

Calories 240
Fat 8g
Sodium 120mg

HERE'S WHY

Equivalent to a Sour Cream & Onion Pringles Snack Stack in sodium

It seems like we're always looking for healthier packaged snack options that are an alternative to chips. While these baked Snapea Crisps are healthier than potato chips, the second ingredient includes three varieties of oil and salt to boot. No need! Vegetables are "nature's candy" and we should eat them as is, either raw or cooked simply.

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This Thai Green Pork Curry has a fairly thin sauce, so you'll want lots of rice to soak it up. THE ASSOCIATED PRESS

Fill your kitchen with the scent of Thai curry

RECIPE

This quick dish makes a perfect midweek meal

The scent of Thai curry cooking is very possibly one of the greatest kitchen smells ever.

Ingredients like lemongrass, chilies, garlic, ginger, coconut milk, and spices like coriander and cumin all mingle together to create a heady perfume that pulls people to the table.

There are as many versions of Thai curry as there are provinces of the country — perhaps as many as there are Thai cooks. Thailand is at the centre of Southeast Asia, and its cooking has influenced and been influenced by the cuisines of many countries, from India to China.

While making your own curry paste is an interesting and rewarding experience, opening a jar of Thai curry paste is by far the easiest solution for a weeknight dinner. It's available in the Asian section of supermarkets, and online.

Fish sauce is a traditional ingredient in Thai and other Southeast Asian cuisines. It is made from fermented anchovies or other seafood, and has a pungent smell, but when a small amount is employed in a recipe it adds a bracing, salty flavour that calls your taste buds to attention.

If you like Thai food, you probably like fish sauce. Start with a small amount, and add more from there.

The sauce of this curry is fairly thin.

If you want a thicker sauce, stir a couple of teaspoons of cornstarch into 2 tablespoons of water and add with the coconut milk. Either way, you'll want to serve it with plenty of rice to soak up the delicious liquid.

Thai Green Pork Curry

Cooking time: 30 mins

Servings: 6

Ingredients:

- 1 tablespoon unsalted butter
- 1 tablespoon vegetable or peanut oil
- 1 onion, halved and thinly sliced
- 2 garlic cloves, minced
- 3 tablespoons Thai green curry paste
- 1 tablespoon minced fresh ginger
- 1 red bell pepper, slivered
- 1 1/2 cups chicken broth
- 1 (14-ounce) can coconut milk
- 1 tablespoon fish sauce or soy sauce
- 2 cups small cauliflower florets
- 4 cups cubed pork loin
- 1 (15-ounce) can chickpeas, rinsed and drained
- 3/4 cup slivered fresh basil leaves
- 1 tablespoon fresh lime juice
- 6 cups hot cooked white or jasmine rice to serve
- Lime wedges to serve

Directions:

1. In a large pot over medium high heat, melt the butter with the oil. Add the onion and garlic and saute until tender, about 4 minutes. Add the curry paste and ginger and stir until you can smell the spices. Stir in the bell pepper, then add the broth and coconut milk and bring to a gentle simmer (do not let the mixture boil or it might separate or curdle).

2. Add the fish sauce or soy sauce, and the cauliflower. Simmer for 5 minutes, until the cauliflower starts to become tender. Add the pork and the chickpeas and simmer, stirring occasionally, for 7 to 10 minutes, until the pork is cooked and the cauliflower is tender. Stir in the basil and lime juice and serve over the hot rice, with the lime wedges on the side to squeeze over.

THE ASSOCIATED PRESS

metro WHEELS
Your essential daily news

This 1937 Talbot-Lago won the Peninsula Classics Best of the Best Award

Cruze is safe, but you won't be sorry

HANDOUT

REVIEW

This compact is not exciting, but it is cheap and dependable

Craig Cole
AutoGuide.com

Sallying forth into the heart of the compact-car segment is the all-new 2016 Chevrolet Cruze.

This unexpectedly reserved offering is set to battle popular options like the Honda Civic, Toyota Corolla and Ford Focus, bringing a multitude of wholesome attributes to the fray.

It seems like GM's product planners have aggressively played to the segment's base by designing a car with loads of interior space, a roomy trunk, refined interior and seriously little excitement. The Cruze plays it safe in a segment that's often dominated by stuffy traditionalism.

But just because it isn't the most exciting compact model on the market doesn't mean it totally lacks any upsides. This Chevy offers a gigantic trunk measuring up to 0.42 cubic metres. The frosting on this cake of convenience is that said volume is easily accessed through a large opening with a low lift-over height.

The Cruze's aft accommodations are unexpectedly spacious in all three dimensions, though a touch more headroom would be appreciated. Another boast-worthy feature, its rear backrests fold nearly flat for even more storage space.

The 2016 Cruze is larger yet simultaneously lighter than its predecessor; it's also more efficient to boot. Enabling all of this, the car has gone on a massive diet, losing up to 115 kilograms with this redesign, which is, frankly, astounding for a compact car because there just isn't that much there to begin with.

Tucked beneath its short hood is a muscular little motor that pulls like a much larger engine.

Two gearboxes are offered in the new Cruze, each with six gears. Our tester was graced with the automatic, but a manual is also on the menu. This self-shifter keeps the EcoTec four-banger in the meaty portion of its power-band and helps deliver impressive fuel economy.

Inside, this car's cockpit is a mostly pleasant place. It's constructed almost exclusively of hard plastic, which is not an issue in this case because it's handsomely textured. Think of it as ground round that tastes like sirloin steak. Fabric trim on the dashboard also adds a touch of class.

Our test car was equipped with Chevy's optional MyLink infotainment system, which comes with a screen mounted front and center on the dashboard. Bluetooth is included for hands-free calling, as is a nine-speaker Bose sound system.

The highlight of its entire driving experience is the engine. It's torquey, pulling with unexpected authority until about 5,000 rpm, where its enthusiasm tapers off until the transmission grabs the next gear. This 1.4-litre turbo is also very well isolated, with commendable smoothness and little harshness, though the transmission could be smoother.

THE CHECKLIST | 2016 CHEVROLET CRUZE

THE BASICS

Engine: 1.4-litre turbo-charged four-cylinder
Power: 153 hp, 24.7 kg/M of torque
Transmission: Six-speed automatic
Fuel Economy (L/100 km): 7.8 city, 5.6 highway, 6.8 combined
Price: Starts at $15,995, tops out at $23,895

LOVE IT

- Spacious back seat and trunk
- Impressive fuel efficiency
- Refined, torquey engine
- Intuitive infotainment

LEAVE IT

- Whiffs of pinched pennies
- Feather-light steering
- Odd styling

TLC

The maintenance behind the million-mile man

Craig Cole
AutoGuide.com

A couple months ago, one proud Toyota owner pushed his 2007 Tundra pickup past the million-mile mark, a distance many motorists would be hard pressed to clock in a lifetime of driving.

But Victor Sheppard is no ordinary guy. He hauls parts for the oil industry, keeping its heavy-duty equipment humming and hydrocarbons flowing. Over the past nine years, he's routinely made cross-country treks from his home in Louisiana to deliver desperately needed components all across America. In fact, he averaged around 125,000 miles each year in the saddle of his Toyota.

Getting any vehicle to roll this many miles is quite a feat, but an up-close look at his Tundra reveals that it has held up amazingly well since it rolled off the line at Toyota's San Antonio, Texas, factory nearly a decade ago. Where it's not dented or scratched from years of hard service, the paint is still shiny, body rust is minimal and even the driver's seat, a touchpoint that receives a ton of abuse, barely shows any wear or soil despite never benefitting from the protection of a cover. Aside from the steering wheel, which is worn around the rim, and a few scuffs on the interior door panels, everything looks practically new.

On top of all this, the truck in question still has its original engine and transmission. A quick twist of the key is all it takes to fire up its 4.7-litre V8, which idles more smoothly and quietly than some brand new vehicles. Switched on, the odometer reads 999,999; apparently, they stop after six digits, but this is hardly an issue since the vast majority of customers never clock so many miles.

Obviously, it takes a fair bit of upkeep to make a vehicle go this distance, and Sheppard was religious in keeping on top of required maintenance, bringing his truck in for 117 oil changes over the course of that million miles.

Another important aspect of this feat is where that work was performed. According to Mike Sweers, chief engineer of the Toyota Tundra and Tacoma pickups, "The dealership's done all the service." Taking your vehicle to a place that knows it best may cost a little more than going to the corner lube shop, but as shown here, it can be a sound long-term investment.

To help celebrate his achievement, Toyota gave Sheppard a brand-new 2016 Tundra in exchange for his million-miler, which will be carefully dissected to see how it's really held up over the years.

Toyota gave Victor Sheppard a brand-new 2016 Tundra.
TOYOTA

Learning to drive in four modes

WHEELS ROUNDUP
News driving the auto industry brought to you by AutoGuide.com

ELECTRIC CARS

BMW i3 gets 183 kilometre range

The 2017 BMW i3 will officially go 183 kilometres on a single full charge. When BMW announced the upgraded BMW i3 earlier this year with a 94 Ah battery, the automaker estimated that it would offer 40 per cent more range than the 2016 model. That estimate seems to be accurate now that the Environmental Protection Agency (EPA) has made it official. The EPA hasn't rated the BMW i3 with the on-board range extender yet. The new battery has a higher capacity, but is the same dimensions as the regular battery thanks to higher energy density. JASON SIU/AUTOGUIDE.COM

FORD FOCUS RS

Free driving school

Ford is offering a complimentary RS Adrenaline Academy Driving Experience to Focus RS owners. The program is being offered to initial owners of 2016 and 2017 Ford Focus RS models, so that owners get a chance to learn first-hand the capabilities of their hot hatch. The program takes place at Utah Motorsports Campus in Grantsville, Utah, and the schedule will be announced later this year. According to Ford, the RS Adrenaline Academy Driving Experience provides owners with a full immersion into the performance and handling characteristics of the Focus RS. The extensive course teaches skills like braking, shifting and cornering techniques, while focusing on the particular dynamics of the Focus RS, like the car's four driving modes.
JASON SIU/AUTOGUIDE.COM

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Examples: $30,000 financed at 0% for 36/72/84 months equals 78/156/182 bi-weekly payments of $385/$192/$165, a total obligation of $30,000 and $0 cost of financing. *Jeep Cash/Consumer Cash Discounts are deducted from the negotiated price before taxes. DLease Loyalty/Conquest Pull-Ahead Bonus Cash is available to eligible customers on the retail purchase or lease of select 2016 Chrysler, Dodge, Jeep, Ram or FIAT models at participating retailers. LIMITED TIME OFFER. Pull-Ahead Lease Cash will be deducted from the negotiated price after taxes. Eligible customers are individuals who are currently leasing a Chrysler, Dodge, Jeep, Ram, FIAT, or competitive vehicle with an eligible lease contract in their name on or before August 1, 2016. Proof of Registration and/or Lease agreement will be required. Trade-in not required. See your retailer for complete details. ❖0% lease financing for up to 39 months available through SCI Lease Corp. to qualified customers on applicable new 2016 models at participating retailers. SCI provides all credit approval, funding and leasing services. Retailer order/trade may be necessary. Example: 2016 Jeep Cherokee Sport FWD (24A) with a Purchase Price of $23,587 leased at 0% for 39 months with a $500 security deposit, $3,498 down payment and first month's payment due at lease inception equals 39 monthly payments of $285 with a cost of borrowing of $0 and a total obligation of $14,675.65. Kilometre allowance of 16,000/year. Cost of $0.16 per excess kilometre plus applicable taxes at lease termination. See your retailer for complete details. ■Jeep Loyalty/Conquest Bonus Cash up to $3,000 is available on the retail purchase/lease of 2016 Jeep Compass (excludes base 26D, 26G, 25D & 28D models), Patriot (excludes base 26D, 26G, 25D & 28D models), Cherokee (excludes all Sport models), Renegade or Grand Cherokee and is deducted from the negotiated price after taxes. Eligible customers include: Current owners/lessees of a Jeep or any other manufacturer's CUV or SUV. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before August 1, 2016. Proof of ownership/lease agreement will be required. Limit one bonus cash offer up to $3,000 per eligible transaction. Some conditions apply. See your retailer for complete details. ††3.49% purchase financing for up to 96 months available on select new 2016 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2016 Patriot Sport 4x2 (25D) with a Purchase Price of $15,895 with a $0 down payment, financed at 3.49% for 96 months equals 208 bi-weekly payments of $68 with a cost of borrowing of $2,332.66 and a total obligation of $18,227.66. ➤2.99% lease financing for up to 48 months available through SCI Lease Corp. to qualified customers on applicable new 2016 models at participating retailers. SCI provides all credit approval, funding and leasing services. Retailer order/trade may be necessary. Example: 2016 Jeep Grand Cherokee Laredo (23E) with a Purchase Price of $35,833 leased at 2.99% for 48 months with a $500 security deposit, $3,998 down payment and first month's payment due at lease inception equals 48 monthly payments of $428 with a cost of borrowing of $3,242.96 (including $60.25 PPSA registration) and a total obligation of $24,585.81. Kilometre allowance of 18,000/year. Cost of $0.16 per excess kilometre plus applicable taxes at lease termination. See your retailer for complete details. ≈Non-prime financing available on select models on approved credit. 4.99%/6.99% financing available on select 2016 models. Financing examples: Purchase Price of $30,000 with a $1,000 down payment, financed at 4.99%/6.99% over 84 months, equals 182 bi-weekly payments of $189/$202 with a cost of borrowing of $5,418.76/$7,753.86 and a total finance obligation of $34,418.76/$36,753.86. Some conditions apply. See your retailer for complete details. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. [1]Based on 2014 Wards Middle Cross Utility segmentation. [2]Based on 2014 Wards Sport and Cross Utility segmentations. ±Jeep Grand Cherokee has received more awards over its lifetime than any other SUV. ≥Based on total sales in 2015CY in all SUV segments combined as defined by FCA Canada Inc. *Jeep is a registered trademark of FCA US LLC used under license by FCA Canada Inc. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

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metro SPORTS

"I was just asking a girl on a date": Raiders tight end Colton Underwood who asked out — and got a yes from — Aly Raisman through online video

A hero's welcome

OLYMPICS

Adoring fans greet athletes returning from Brazil

Two planeloads of Canadian Olympians returned home from Rio to a hero's welcome, as flag-waving fans clamoured for autographs and cheering family members offered up homecoming hugs.

Several members of Team Canada, including star swimmer Penny Oleksiak, landed at Toronto's Pearson International Airport around 6 a.m., with another group of athletes scheduled to arrive at around the same time Wednesday.

When the flights arrived, airport firefighters saluted the returning athletes with giant arcs of water on either side of the airplanes.

Loud cheers went up as the Olympians came through the arrivals gate, some stopping to talk to media, others heading straight to waiting family members.

Soccer player Ashley Lawrence's parents donned Team Canada shirts to welcome their daughter. The pair said they are looking forward to figuring out where to display the midfielder's bronze medal.

Penny Oleksiak, winner of four medals in Rio, speaks to media and signs autographs at Toronto's Pearson International Airport on Tuesday. AARON VINCENT ELKAIM/THE CANADIAN PRESS

Lawrence's teammate, Jessie Fleming, said she was proud of their performance.

"We all had a good tournament and we definitely deserved to bring this home," Fleming said, holding her medal.

Most of the buzz focused on 16-year-old Oleksiak, who won four swimming medals at the Rio Games, including Canada's first gold.

"I didn't expect any of this," said Oleksiak, who was Canada's flag-bearer at the closing ceremonies. "I just want to say thank you to everyone (who cheered for me)."

Residents in Oleksiak's east-end Toronto neighbourhood known as The Beach are planning a celebration for her return, tentatively planned for Sunday.

11%

CBC's English coverage of the Rio Olympics averaged 1.271 million viewers, an 11 per cent increase over the London Games. Ratings peaked at 7.2 million for the men's 200-metre sprint final.

Several of the returning athletes expressed gratitude for the support and encouragement they received from Canadians throughout the Games.

Long after most athletes had left the arrivals gate, gold medal-winning trampoline gymnast Rosie MacLennan stayed to sign autographs and take selfies with fans.

MacLennan, who carried Canada's flag at Rio's opening ceremonies, said making time for fans helps get them engaged in the Olympic process.

"It's a chance to share the experience with the people who supported us along the way," she said.

Teenage soccer fans Claire and Gillian Kilgour found out about the Olympic homecoming at midnight and got up at 4 a.m. to come to the airport with their father.

Three hours later, the 16-year-old twins were rewarded with an autograph from Kadeisha Buchanan, one of the bronze medal-winning women's soccer players.

The sisters stress they support the whole team, however.

"We don't have a favourite player," Gillian Kilgour said. "We like everybody." THE CANADIAN PRESS

Bronze medallist for rugby sevens Megan Lukan, back, poses for a selfie with fans. AARON VINCENT ELKAIM/THE CANADIAN PRESS

NHL

Sens, Ceci agree on two-year contract

The Ottawa Senators have signed defenceman Cody Ceci to a two-year contract with an annual value of $2.8 million US.

The contract runs through the end of the 2017-18 season. Ceci will get $2.25 million in the first year and $3.35 million in the second year.

The 22-year-old Ceci established new career highs in goals (10), points (26) and penalty minutes (18) while matching his career high for assists (16) over 75 games with the Senators during the 2015-16 season.

He also had a goal and five assists en route to helping Canada win the world hockey championship in Moscow and St. Petersburg.

Ceci, an Ottawa native, has 56 points (18 goals, 38 assists) and 38 penalty minutes over 205 NHL games with his hometown club. He also has two assists over six NHL playoff games.

+9

Ceci had a plus-9 rating in 2015-16.

The Senators' first-round pick (15th overall) in the 2012 draft, Ceci spent three-plus seasons with the Ontario Hockey League's Ottawa 67's, before completing his major junior career with the Owen Sound Attack.

He began his professional career with the Binghamton Senators in 2013-14 before being recalled to the NHL for the first time on Dec. 12, 2013. THE CANADIAN PRESS

LAWSUIT

Woman claims Blue Jay gave her STDs

A New York woman is suing Edwin Encarnacion, alleging the Toronto Blue Jays slugger knowingly infected her with two sexually transmitted diseases.

Ashley Lebron, 24, filed the lawsuit in a New York court on Monday. She says in a statement of claim she contracted genital herpes and chlamydia after having unprotected sex with Encarnacion in February. She's seeking $11.5 million US in damages.

The documents contain allegations that have not proven in court.

Edwin Encarnacion GETTY IMAGES

Encarnacion hasn't spoken publicly about the lawsuit battery. His agent, Paul Kinzer, said in a statement released to Fox Sports and Sportsnet that the claim is "completely inappropriate and meritless." THE ASSOCIATED PRESS

HOCKEY IN BRIEF

NHL, players still on fence over playing in Olympics

The NHL and NHL Players' Association continues to weigh the pros and cons of returning to the Winter Olympics in 2018.

A new wrinkle in advance of the next Games centres around out-of-pocket payments the International Olympic Committee and International Ice Hockey Federation have covered, a practice the IOC has suggested stopping under president Thomas Bach. THE CANADIAN PRESS

Benn a no-go for Canada

Team Canada won't have Jamie Benn for the World Cup after all.

Hockey Canada announced Tuesday morning that the Dallas Stars forward, who is still recovering from an injury, would be replaced by San Jose Sharks forward Logan Couture on the Canadian squad next month.

The 27-year-old Benn underwent surgery to repair a core muscle injury on July 14. THE CANADIAN PRESS

DOPING

Russia's ban from Paralympics upheld

Two days after Russia finished fourth in the Olympic medal table, its Paralympic team was barred from the next big Games in Rio de Janeiro as punishment for a state-backed doping program.

Sport's highest court on Tuesday upheld a decision by the International Paralympic Committee to exclude the sports superpower. It was a step the IOC declined to take when it had the chance last month.

The 267 entries which Russian Paralympic athletes earned in 18 sports for the Sept. 7-18 games in Rio will now be allocated to other nations not judged responsible for orchestrated cheating.

Russia won 36 gold medals at the 2012 Paralympics, second most in London, and was a runaway table-topping leader at its home 2014 Winter Paralympics.

Still, the Sochi Winter Games and Winter Paralympics are now notorious for results corrupted by state-funded agencies plotting to swap tainted doping samples from Russian athletes for clean ones at official testing laboratories. THE ASSOCIATED PRESS

Scissors slow down Brady

NFL

Pats QB ready for action after 'silly accident'

Tom Brady is ready to play after cutting his right thumb with scissors in a "silly accident" before the Patriots' pre-season game against the Bears last week.

Brady said Tuesday he missed the first two practices this week for personal reasons, but that he's available and ready to play when New England visits Carolina on Friday.

The 39-year-old quarterback has yet to appear in a game this pre-season. He's got two more games before the start of an NFL-issued four-game regular-season suspension for his role in "Deflategate."

He hasn't missed a regular-season start since 2008, when he suffered a torn ACL in his left knee during the season opener.

Tom Brady GETTY IMAGES

Brady said the accident with the scissors occurred when he was trying to get something out of his cleat. The scissors slipped and cut his thumb, causing him to "let out probably a pretty loud word I wouldn't repeat in front of my kids."

"I'm glad it wasn't the regular season and I learned from it, so hopefully won't be operating any more scissors for a while," Brady said.

Brady said he wanted to play against Chicago, but coach Bill Belichick made the decision he'd sit out. It was a decision the former MVP agreed with.

THE ASSOCIATED PRESS

LITTLE LEAGUE WORLD SERIES MEXICO OUSTS CANADA
Mexico's Jose Angel Leal celebrates with teammates after hitting a two-run home run off Canada's Stefano Dal Sasso in the Little League World Series on Tuesday in South Williamsport, Pa. Canada was eliminated with a 7-1 loss.
GENE J. PUSKAR/THE ASSOCIATED PRESS

NHL

Sid, Nate back at their summer jobs

Philip Croucher
Metro | Halifax

Nathan MacKinnon and Sidney Crosby GETTY IMAGES

The boys are back in their other uniforms.

Nathan MacKinnon posted a photo of him and Sidney Crosby in Tim Hortons outfits on his Instagram account Tuesday afternoon with the cryptic message, "We're back .."

The post didn't indicate where they were, but don't worry, news spreads fast in Halifax.

Yes, Sid and Nate showed up in uniform with cameras to a Tim Hortons on Barrington Street and reportedly placed a caffeine and sugar-filled order of 130 coffees, 85 iced coffees and 2,000 Timbits.

"A lot of people were really excited," said Tim Hortons team member Carli Jennings. She said staff at the location weren't aware they were coming, they were just told to be dressed in full Tims attire.

"We figured something was up but we didn't know what was happening," she added.

Well, the hockey pair showed up during the lunch hour, walked in with a couple of camera people and left after a few minutes.

The pair had social media abuzz last summer when they were spotted hanging out a Dartmouth, N.S., drive-thru weeks before a commercial was released featuring the Nova Scotian stars.

IN BRIEF

Heavyweight Lesnar's suspension lengthened
Nevada athletic regulators have extended Brock Lesnar's temporary suspension pending a hearing on his failure of drug doping tests at UFC 200.

State Athletic Commission officials say the move approved Tuesday came after the U.S. Anti-Doping Agency found violations of UFC drug policy in June and at Lesnar's July 9 fight against Mark Hunt. The UFC said Lesnar tested positive both times for an estrogen blocker, clomiphene, and its metabolite.

THE ASSOCIATED PRESS

Roma fall to guests Porto
Roma failed to reach the Champions League group stage after having two men sent off in a 3-0 defeat at home to Porto in the second leg of their playoff on Tuesday. THE ASSOCIATED PRESS

Watford, West Brom upset
Watford and West Bromwich Albion were beaten by third-tier opposition in the English League Cup on Tuesday, while fellow Premier League sides Liverpool and Everton enjoyed big wins in the second round. Chelsea also advanced with a hard-fought 3-2 win over third-tier Bristol Rovers. THE ASSOCIATED PRESS

RECIPE One-Pot Sweet Potato and Arugula Pasta

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

One-pot pasta meals pile ingredients together for dinner brilliance. We've paired the antioxidant power of sweet potato with peppery arugula but feel free to add other diced small veggies for quick cooking.

Ready in 30 minutes
Prep time: 10 minutes
Cook time: 20 minutes
Serves 4 to 6

Ingredients
- 450 grams penne pasta
- 8 cups baby arugula
- 1 sweet potato, diced into small cubes (to ensure they cook)
- 4 garlic cloves, cut in thin slices
- 1 shallot, cut into thin slices
- 1 sprig of rosemary
- 3 Tbsp of olive oil, plus 1 for garnish
- 1 Tbsp salt
- 6 cups water
- 1/2 cup grated Asiago or Parmesan cheese
- salt and pepper

Directions

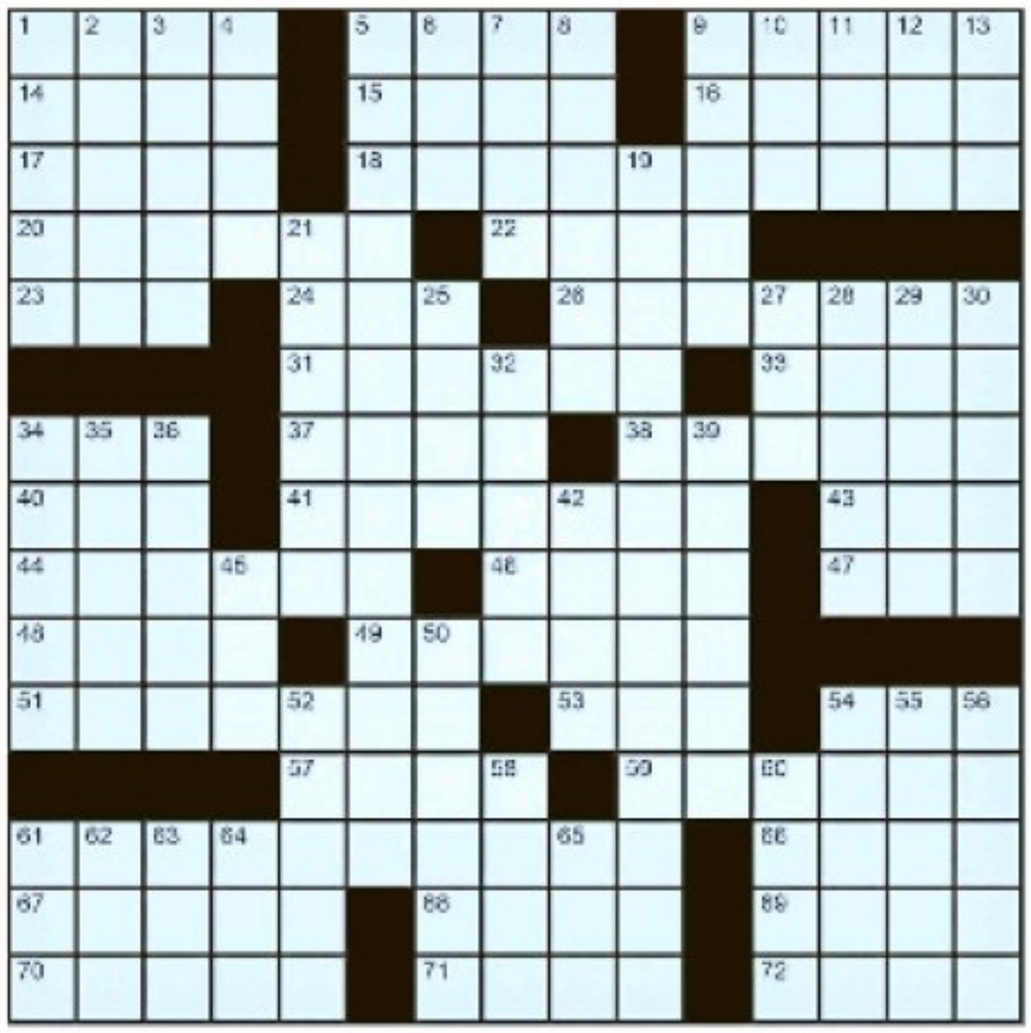
1. Combine penne, arugula, sweet potato cubes, garlic, shallot, rosemary, 2 tablespoons oil, salt and water in a stock pot. Bring to boil over high heat. Boil mixture, stirring pasta frequently, until pasta is cooked al dente and water is nearly evaporated, 10 minutes.

2. Remove pot from heat and take out rosemary stem. Stir in last tablespoon of oil, cheese and season with salt and pepper to taste. Portion into bowls and serve with another sprinkle of cheese.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Angelina's husband
5. Fish's temptation
9. Techie special occasion delivery
14. The Kinks song
15. Besides
16. Count __ and His Orchestra
17. Illegally aid
18. Bawling out
20. Run off the track
22. Unaltered
23. 'Smart' suffix (Most intelligent)
24. Bird beak
26. Softer/kinder
31. Grogginess
33. First-rate
34. Wager
37. Stagnate
38. Types in the data
40. Tic-Tac-Toe losing row
41. Spicy sauce sort
43. Become
44. Resort spot in Mexico
46. Gab
47. I Am Woman songstress ...her initials-sharers
48. Nero's 902
49. Canadian actor Henry
51. Fugitive
53. Gothenburg's li'l country
54. Ms. Vardalos
57. Russian city
59. The __ (2001), haunting Nicole Kidman film
61. Think, think, think...
66. Vivid fish
67. Bandleader, Xavier __
68. Italy: Mount __
69. Mr. Berkus (Home decorator)
70. Judges
71. Horse coat style
72. Oakville, ON: __ Abbey Golf Club

DOWN
1. __ Runner (1982)
2. Royal garbs
3. On the ball
4. Spreadsheet info
5. Veronica Tennant, Karen Kain and Evelyn Hart: 2 wds.
6. Miss. bordering state
7. Belief systems
8. Trinidad and __
9. Buddy of Barnaby Jones
10. Purina chower
11. (Now and Then There's) A Fool Such __ __ by Elvis
12. Tin Tin's lead-in
13. MBA, for one
19. The Guess Who chart-topper: 2 wds.
21. LASIK, Laser-assisted __-__ Keratomileusis
25. Lamp need
27. Water source
28. Lake, in Ireland
29. Website's welcoming word
30. Puts one's feet up
32. War protester's dream
34. Bowling of Italy
35. Studied- for things
36. Music chord type
39. Wait...: 2 wds.
42. Stock units [abbr.]
45. The Company, commonly
50. Kitchen gadget for citrus fruits
52. Bridges: French
54. Himalayas land
55. Furious
56. Washed-out
58. Stringed instrument of Japan
60. __ Kong
61. A-E link
62. Ms. McClanahan
63. Maturate
64. Music star, will._.__
65. Genetic letters

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Plans will be challenging today. Prepare for this and cope as best you can. Similarly, situations with publishing, the media, medicine and the law are tough.

Taurus April 21 - May 21
Disputes about shared property and inheritances will not be easy today. You will be stopped by obstacles. Just do what you can.

Gemini May 22 - June 21
Relations with partners and close friends are difficult because someone will oppose you today. Be prepared to accept this instead of making matters worse.

Cancer June 22 - July 23
Issues that are work-related are tough today. No matter what you do, you will meet with obstacles from others. Just cope as best you can.

Leo July 24 - Aug. 23
Children will be an increased responsibility today. Naturally, this goes with the territory. Sigh, it happens.

Virgo Aug. 24 - Sept. 23
Difficulties with family members will be challenging today because someone will oppose you. It might be wise to wait for another day to push your agenda.

Libra Sept. 24 - Oct. 23
Allow extra time today, because as this day unfolds, you will meet with delays, obstacles and minor difficulties.

Scorpio Oct. 24 - Nov. 22
Disputes about money or possessions are likely today. However, it will be difficult to reach an agreement. Why not postpone these talks for another day, when everyone is more co-operative?

Sagittarius Nov. 23 - Dec. 21
You will meet with opposition from someone. Don't give up. Just look for a new way around things, because there are many ways to do something. Be resourceful!

Capricorn Dec. 22 - Jan. 20
Something secretive might throw a wrench in your plans today. Go slowly to see if you can work things out. You don't have to solve this problem today.

Aquarius Jan. 21 - Feb. 19
Someone in a position of authority might block your efforts to lead a group or make suggestions. Sometimes you can't fight city hall. Accept what you can and cannot do.

Pisces
Feb. 20 - March 20
It will be tough to get the approval of your boss or someone in power. Best to wait for another day so that you can steer things the way you want them to go.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		7		2	9	3	8	
								6
5				7	6			4
						1		2
7		3		6		9		5
9		6						
2			6	9				8
3								
	4	9	3	1		5		

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

9	8	6	3	5	1	2	7	4
5	1	4	9	2	7	6	3	8
3	2	7	8	6	4	9	5	1
1	4	5	7	9	6	3	8	2
6	3	2	1	8	5	4	9	7
7	9	8	4	3	2	5	1	6
4	6	9	5	7	8	1	2	3
2	7	3	6	1	9	8	4	5
8	5	1	2	4	3	7	6	9

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